

# LUNCH MENU

## COCKHAVEN ARMS

EAT - DRINK - STAY

### STARTERS

Cajun Sesame Breaded Chicken Tenders 🍴	6.50
Served with homemade chilli jam	
Homemade Soup of The Day 🍴	5.50
Served with crusty bread & butter	
Coarse Devon Country Pork Pâté	5.95
With apple & ale chutney & toast	
Prawn & Crayfish Cocktail 🍴	6.95
Mary rose sauce, brown bread & butter	
Char-Grilled Haloumi 🍴🌱🌶️	6.95
On Mediterranean pearl couscous salad with black truffle vinaigrette	
Homemade Hickory Smoked Salmon	8.95
On sour-dough toast, dill & crème fraiche dressing	
Mixed Marinated Olives & Warm Crusty Bread 🍴🍴	7.95
Served with olive oil & balsamic vinegar	
Baked Camembert & Warm Crusty Bread 🍴🍴	7.95
Served with redcurrant & port sauce	

### SHARING BOARDS & SALAD

Picnic Board	15.95
Quiche Lorraine, sausage roll, pork pie, honey & mustard glazed ham, local cheese, artisan bread, piccalilli, apple & ale chutney, smoked houmous with harissa	
Seafood Platter 🍴	15.95
Home smoked salmon, cockles, whelks, crayfish, shell on prawns, salad, Marie rose sauce & crusty bread	
Thai Sticky Sesame Strips of Beef Fillet Salad 🍴🌶️	12.95
Served with crusty bread & butter	
Prawn & Smoked Salmon Salad 🍴	9.95
With tomato, cucumber, red onion & Mary rose sauce	
Cajun Chicken Breast & Smoked Bacon Salad 🍴🌶️	9.95
With tomato, cucumber red onion	
Local Cheese & Honey Glazed Ham Ploughman's 🍴	9.95
Pickled onion, gherkin, sweet pickle, apple, coleslaw, dressed leaves & crusty bread	

### SANDWICHES

*Served with dressed salad garnish & crisps, white or brown bread*

Mature Cheddar & Pickle 🍴	6.50
Honey & Mustard Glazed Ham	6.95
Prawn & Mary Rose	7.00
Fish Finger & Tartare Sauce	6.95

### CIABATTAS

*Served with dressed salad garnish & skinny fries*

Steak & Fries with Onion	7.95
Brie, Bacon & Cranberry	7.95
Roasted Vegetable, Mozzarella & Pesto 🍴	6.50
Buttermilk Chicken, Smashed Avocado & Monterey Jack Cheese	7.95

### MAINS

Homemade Pie of The Day	10.95	Lemon, Thyme & Garlic ½ Roast Chicken 🍴	13.95
Cased in short crust pastry, spring onion mash, glazed carrots & gravy		With skinny fries, salad & coleslaw	
Honey & Mustard Glazed Ham & Chips 🍴	7.95/10.95	Fresh Hand Rolled Wild Mushroom & Local Blue Cheese Ravioli 🍴	13.50
Served with local free range eggs		Served with confit red onion & sage butter sauce finished with homegrown courgette & rocket	
Beer Battered Cod & Chips	7.95/11.50	10oz Rib-Eye Steak 🍴	18.95
Served with mushy peas & tartare sauce		Cooked to your liking served with chips, tomato, mushroom & onion rings	
Wholetail Breaded Scampi	7.95/10.50	<i>ADD PEPPERCORN SAUCE OR STILTON SAUCE 2.00</i>	
Served with chips, peas & tartare sauce		Beetroot & Caramelised Red Onion Tart 🍴	11.95
8oz Homemade Beef Burger 🍴	10.95	Topped with crumbled goats cheese, watercress, pinenuts, new potatoes & salad	
On a toasted bun, relish, chips, salad & coleslaw			
<i>ADD CHEESE, BACON, BLUE CHEESE, FRIED ONION 0.75 EACH</i>			

### SIDES

Garlic Bread	2.50	Chips	2.50	Coleslaw	2.50
Garlic Bread with Cheese	3.50	Sweet Potato Fries	3.50	Basket of Bread	2.50

🌱 Vegetarian 🍴 Gluten Free 🍴🍴 Gluten Free Option 🌶️ Chilli

All weights of our meat are approximate uncooked. All meals may contain nuts or nut derivatives. Fish may contain small bones. All our food is prepared in a kitchen where nuts, gluten and other allergens are present and our menu descriptions do not include all ingredients. If you have a food allergy, please let us know before ordering. Full allergen information is available on request.